



**Heart & Soul** of Wellington

Seniors' Centre for Excellence ✓

11 Andrews Drive West, Drayton ON N0G 1P0

Special Edition - May 2023

## Volunteering opportunities for Older Adults

### Palmerston

- ✓ **Blessings to You** - 203 Main St. Contact Joanne Caughill – Tel. 519-343-3446
- ✓ **PDH Gift Shop** - 500 Whites Rd. Contact Lynn Hodgins – Tel. 519-343-2914
- ✓ **Palmerston Food Bank** - 215 James St (downstairs of the James Street United Church). Contact Deanna Martin – Tel. 519-343-3620
- ✓ **Norgan Theatre** - 275 Main St. Contact Grace Wilson – Tel. 519-338-2511 ext. 4.
- ✓ **Royal Terrace** - 600 Whites Rd. Contact Brianne Bell – Tel. 519-343-2611 ext. 227.

### Mount Forest

- ✓ **Auxiliary to Louise Marshall Hospital (Membership: \$10 /year, 1<sup>st</sup> visit free)** - Mount Forest Victory Church, 320 King St. E.  
1<sup>st</sup> Monday of the month (1:30 pm). Runs from September to June.  
Contact Linda Dunk – Tel. 519-323-9287
- ✓ **RCL Branch 134 Ladies Auxiliary (Application fees & dues payable)** – Royal Canadian Hall, 140 King St. W.  
1<sup>st</sup> Monday of the month (7:00 pm). Fundraising for the community and the Legion.  
Must call before attending a meeting (not drop-in).  
Contact Barb Loughran – Tel. 519-323-1570